

20 REASONS TO FIX YOUR VEINS

By Dr. John P. Landi, MD, FACS, RPVI, RPhS, Diplomate of The American Board of Venous and Lymphatic Medicine

Since I am a vein specialist my eyes tend to focus on veins every place, but especially in the legs since they are usually the most prominent.

Last weekend while I was sitting outside the movie theater waiting for the show to start I just happened to be people watching and noticed the amount of "Veiny" legs that I saw. This led me to think of what would be the reasons why people would want or not want to have their leg veins fixed. See if any of these apply to you.

1. Your grandchildren want to know what is growing on your legs.
2. You live in Florida but you never wear shorts.
3. You love tennis but are embarrassed by the way your legs look.
4. You love golf but are embarrassed by the way your legs look in shorts.
5. You will never wear a bathing suit because of the veins in your legs.
6. You still think that treating leg veins requires the old ligation and stripping operation that your mother or grandmother had.
7. You think that treating your leg veins is painful.
8. You think that treating your leg veins requires downtime.
9. You think that treating your leg veins would require you to wear compression stockings for long periods of time.
10. You think that treating your leg veins is only temporary and that varicose and spider veins will come back.
11. You still think that sclerotherapy is painful and involves using normal saline.
12. You do not know that veins have tiny valves and when these are abnormal they lead to varicose and spider veins.



13. You do not know that these little valves can be treated with a laser or by an injection.
14. You do not know that almost all the vein procedures are done under local anesthesia.
15. You do not know that you can return to almost all routine activities the day after the treatment.
16. You do not know that almost all vein procedures are done in the office and do not require going to the hospital or to the outpatient department.
17. Your leg veins bother you so much that it causes you to lack self-confidence.
18. You are worried that your veins will suddenly start bleeding, especially if you should bruise them.
19. Your hand veins make you look old like your mother or grandmother.
20. Your facial veins make you look old and cause you to wear a lot of make up.

If any of the above apply to you and you are considering or have considered treating your veins, then give my office a call. Not only do we treat leg veins but also hand veins, breast veins, facial veins and veins almost anywhere in the body.

About Dr. Landi

Dr. Landi is medical director of Vanish Vein and Laser Center, a state of the art, dedicated vein treatment center. He is one of less than 2,000 physicians worldwide to achieve the designation of Diplomate of the American Board of Venous and Lymphatic Medicine. He is a fellow of the American College of Surgeons, a fellowship trained vascular surgeon, Board Certified in General Surgery and has achieved both the RPVI and RPhS certifications in vascular ultrasound.

To learn more or to schedule an appointment, please call Vanish Vein and Laser Center at **239-403-0800** or visit us online at www.vanishvein.com.



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